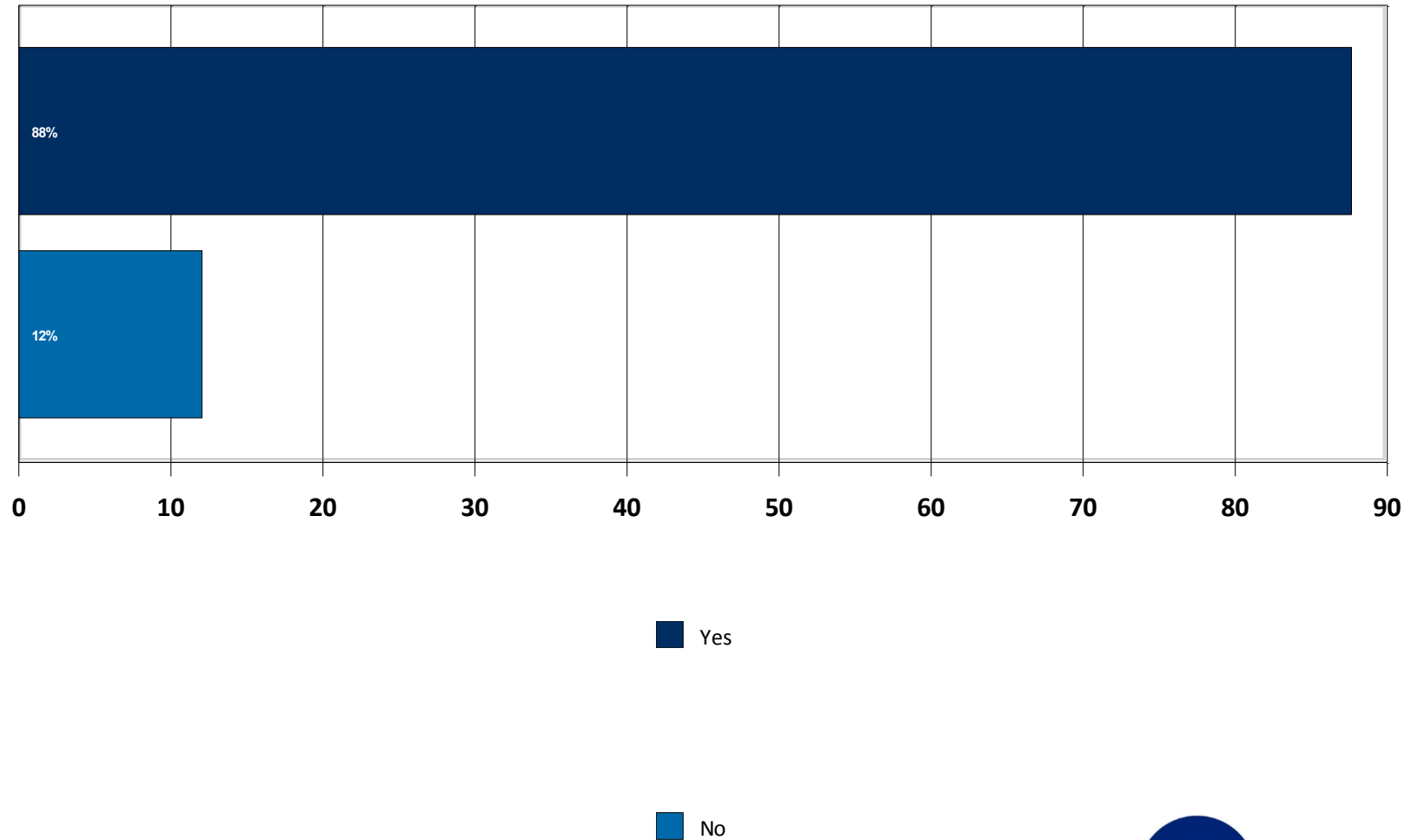


The research for GFI Software was carried out between:  
11 / 03 / 2015 and 16 / 03 / 2015  
Sample: 205 IT administrators in companies of 10+ employees in the UK

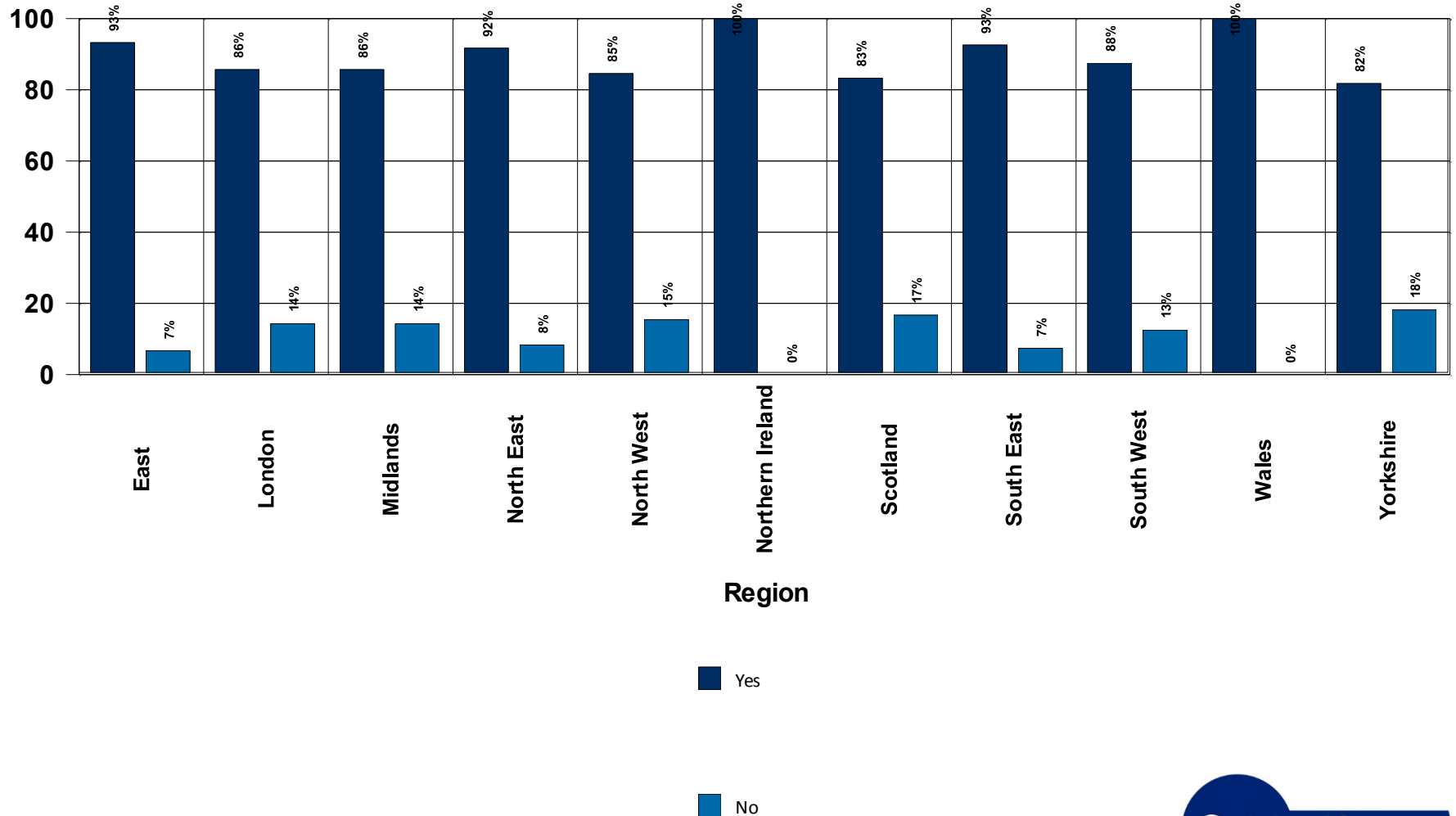
## Question One

Is your job as an IT administrator stressful?



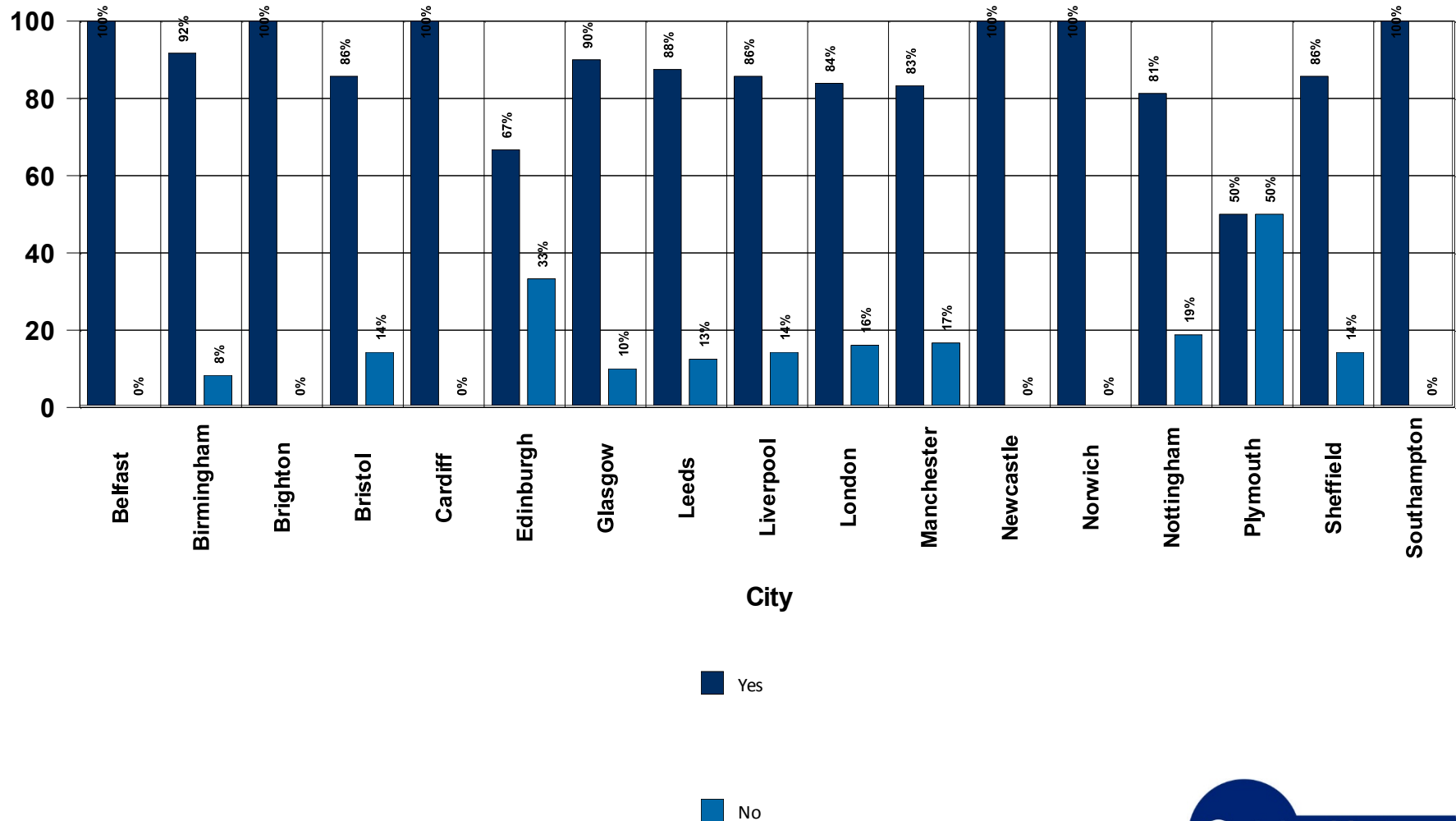
# Question One Cross Tabulation With Region

## Is your job as an IT administrator stressful?



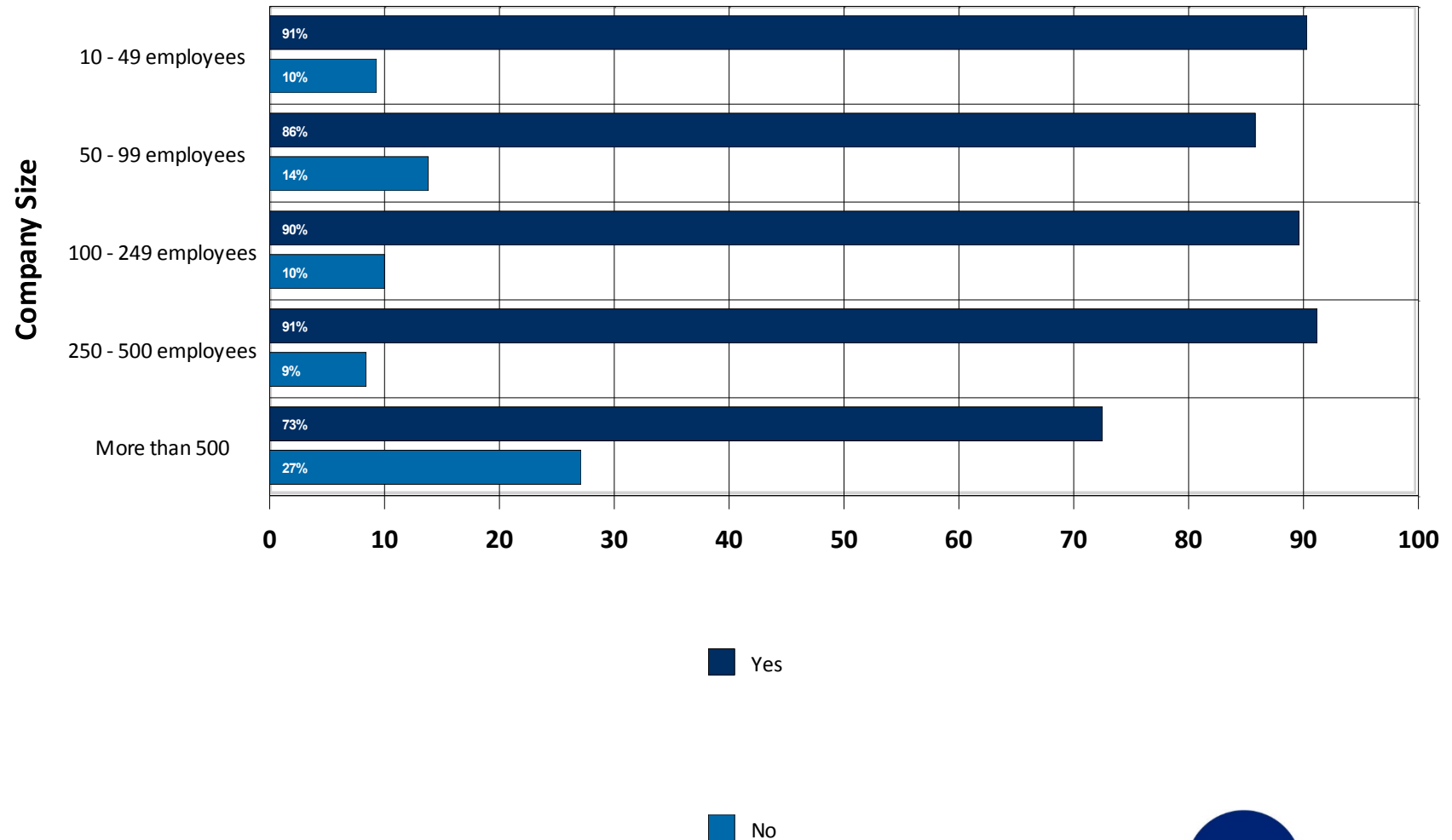
# Question One Cross Tabulation With City

## Is your job as an IT administrator stressful?



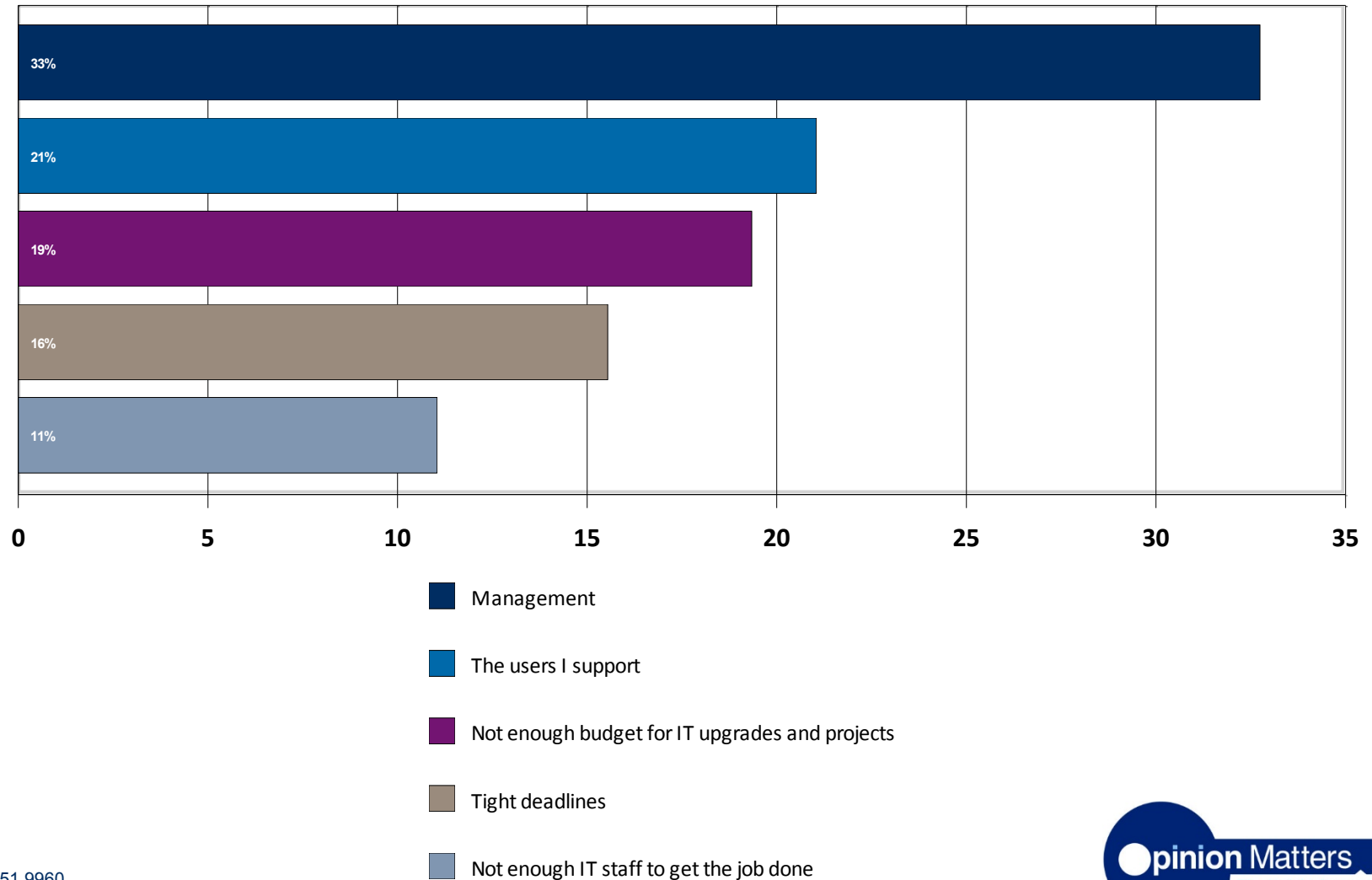
# Question One Cross Tabulation With Company Size

Is your job as an IT administrator stressful?



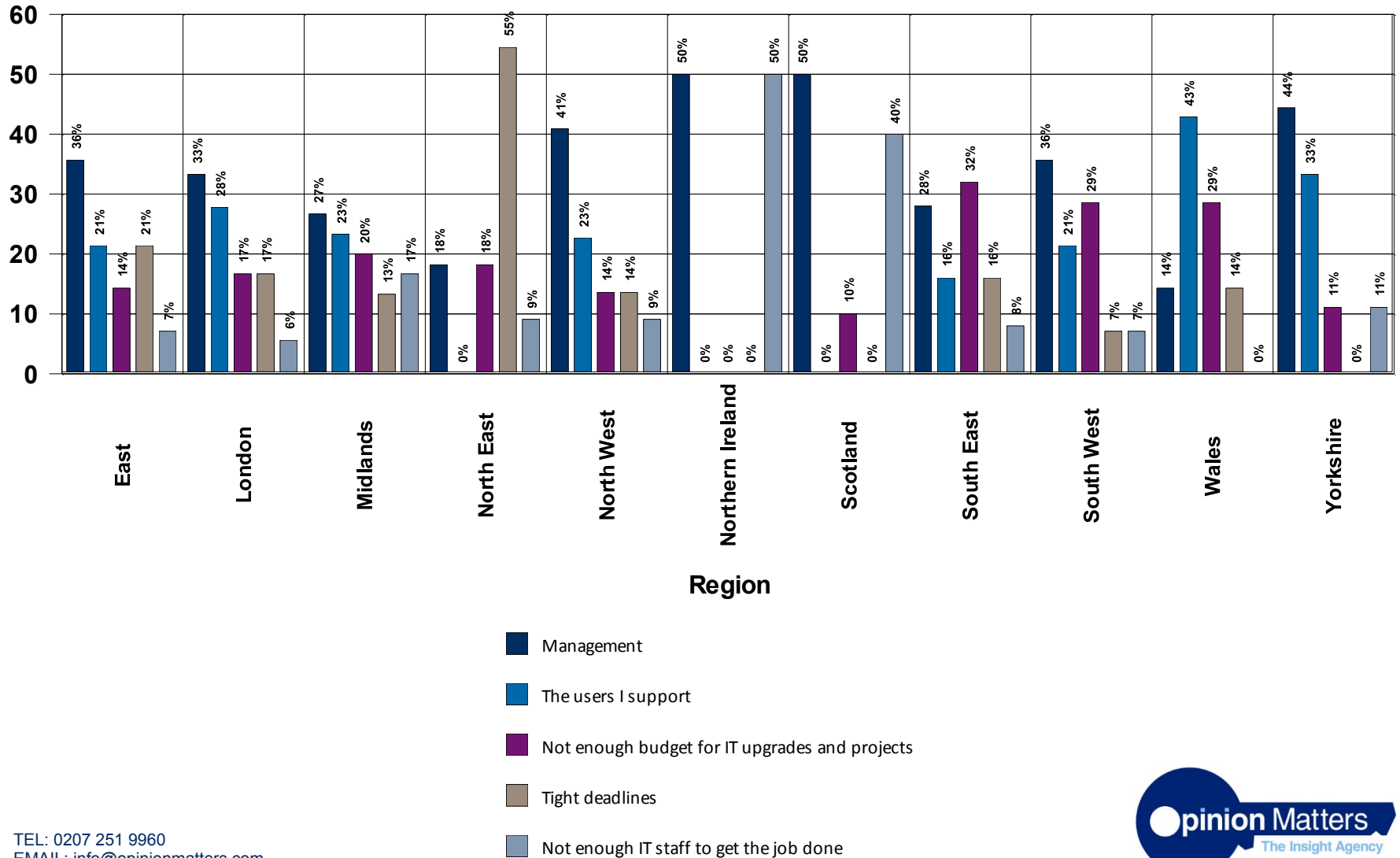
## Question Two

What is your biggest source of stress?



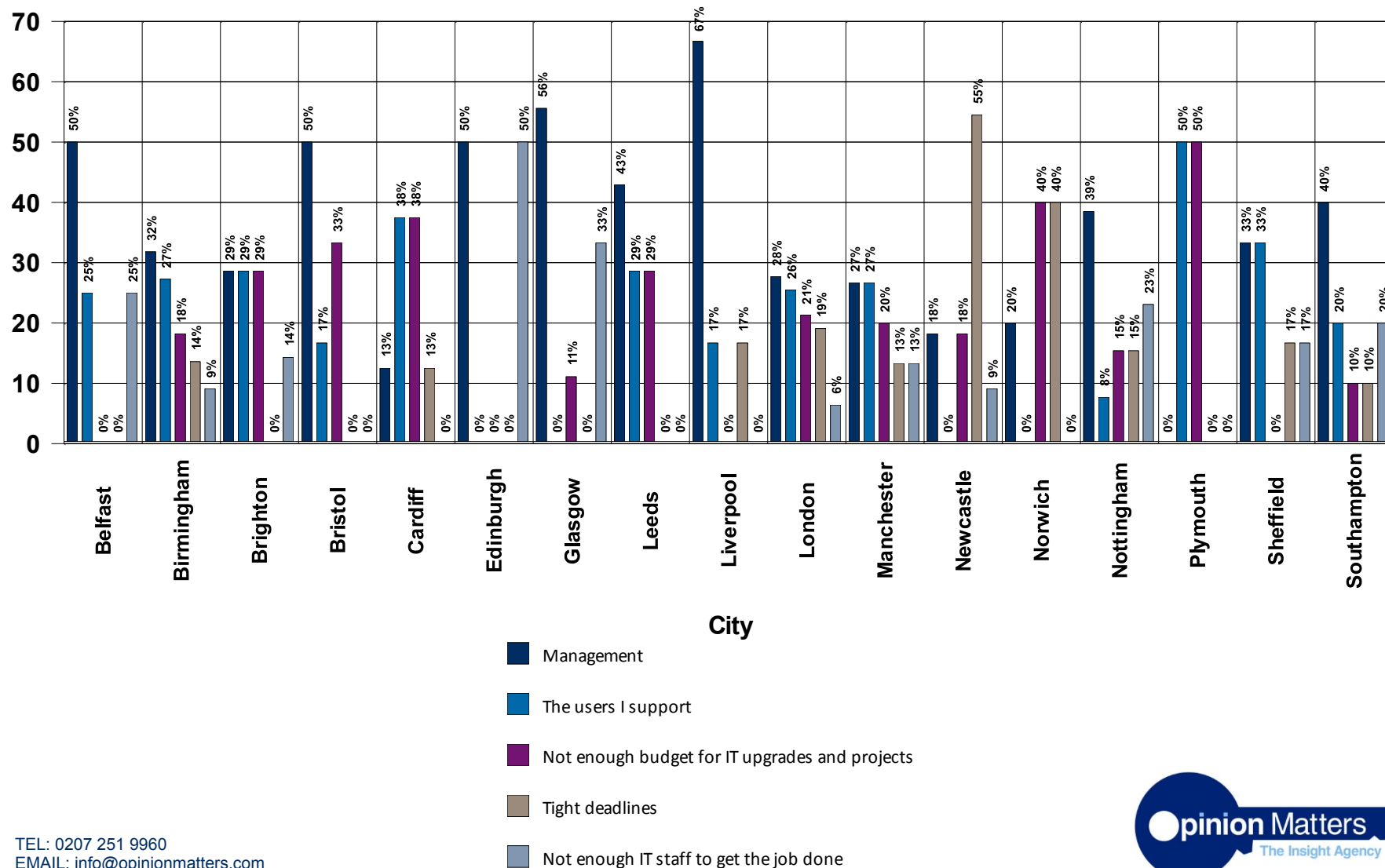
## Question Two Cross Tabulation With Region

### What is your biggest source of stress?



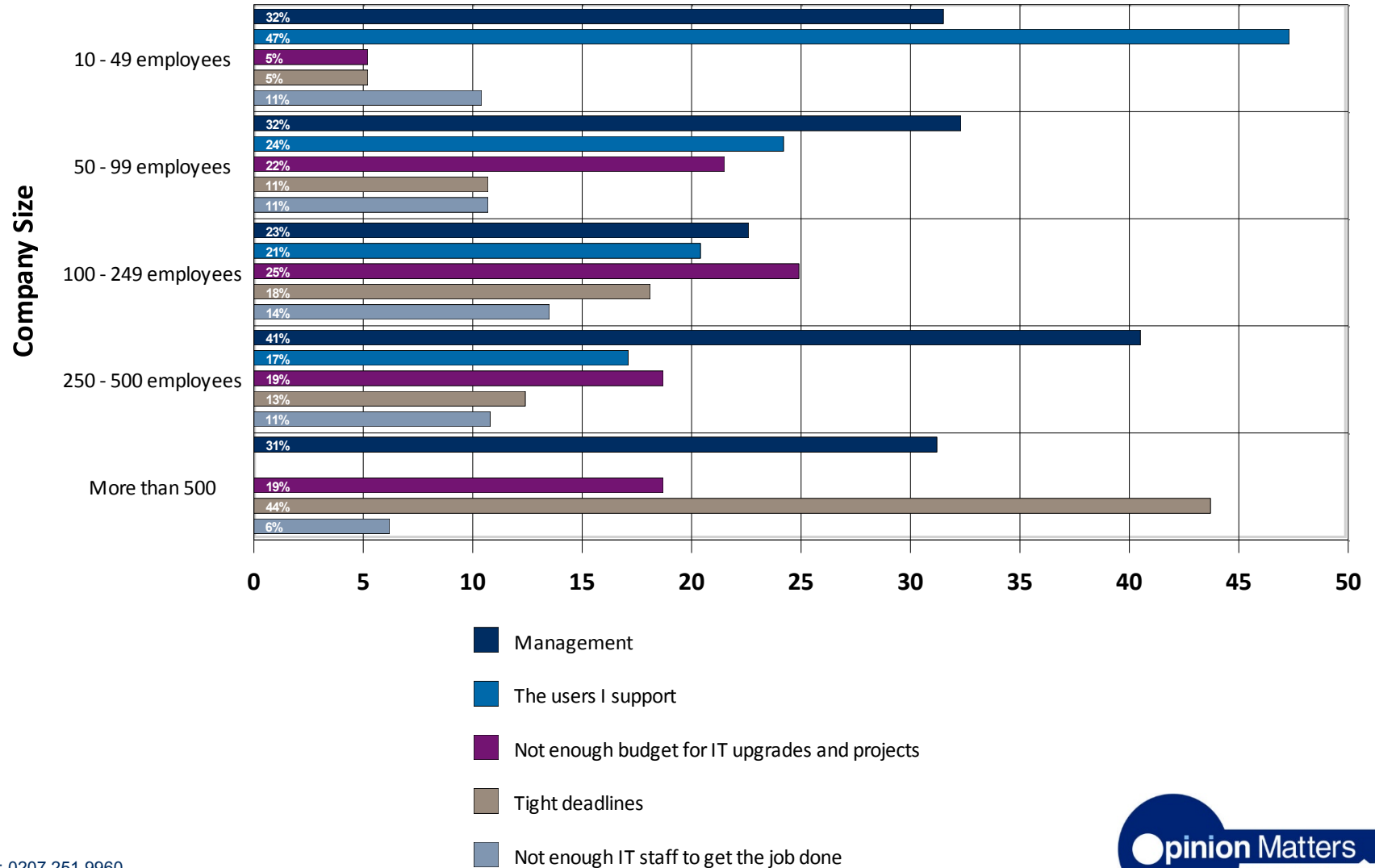
## Question Two Cross Tabulation With City

### What is your biggest source of stress?



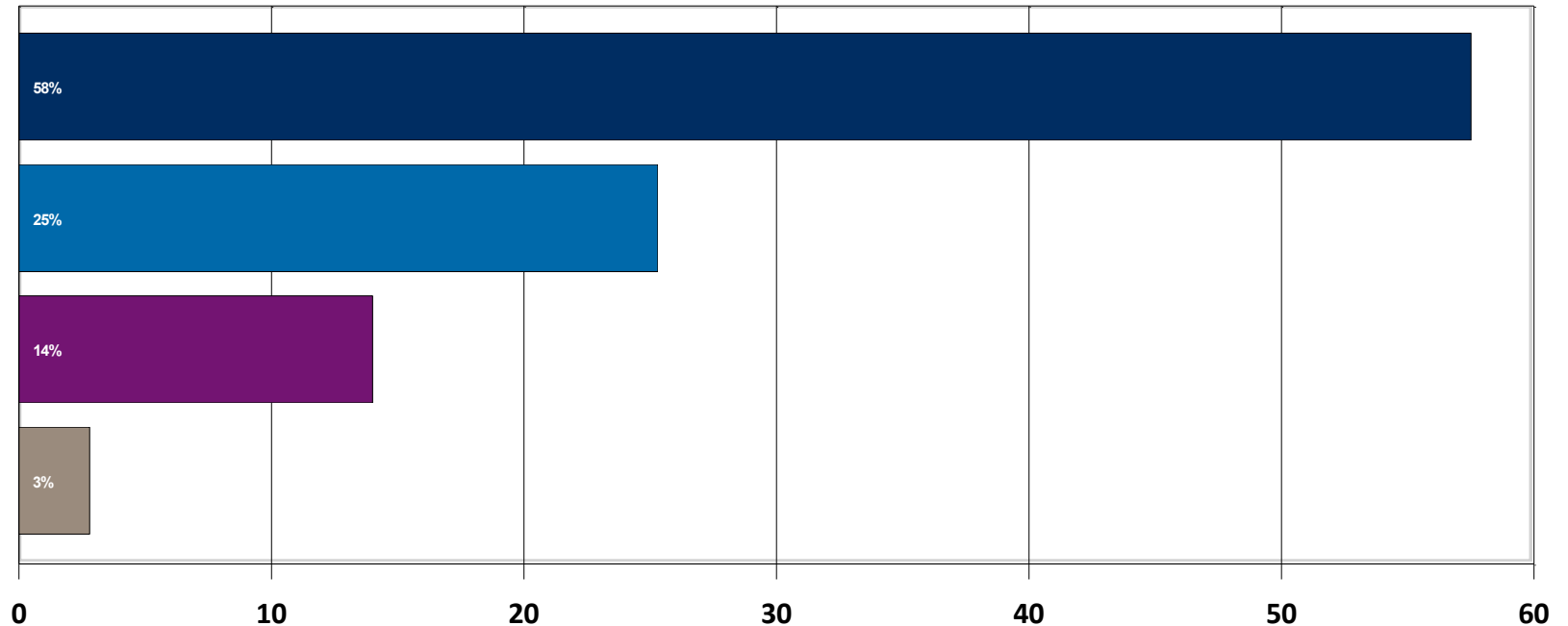
## Question Two Cross Tabulation With Company Size

What is your biggest source of stress?



## Question Three

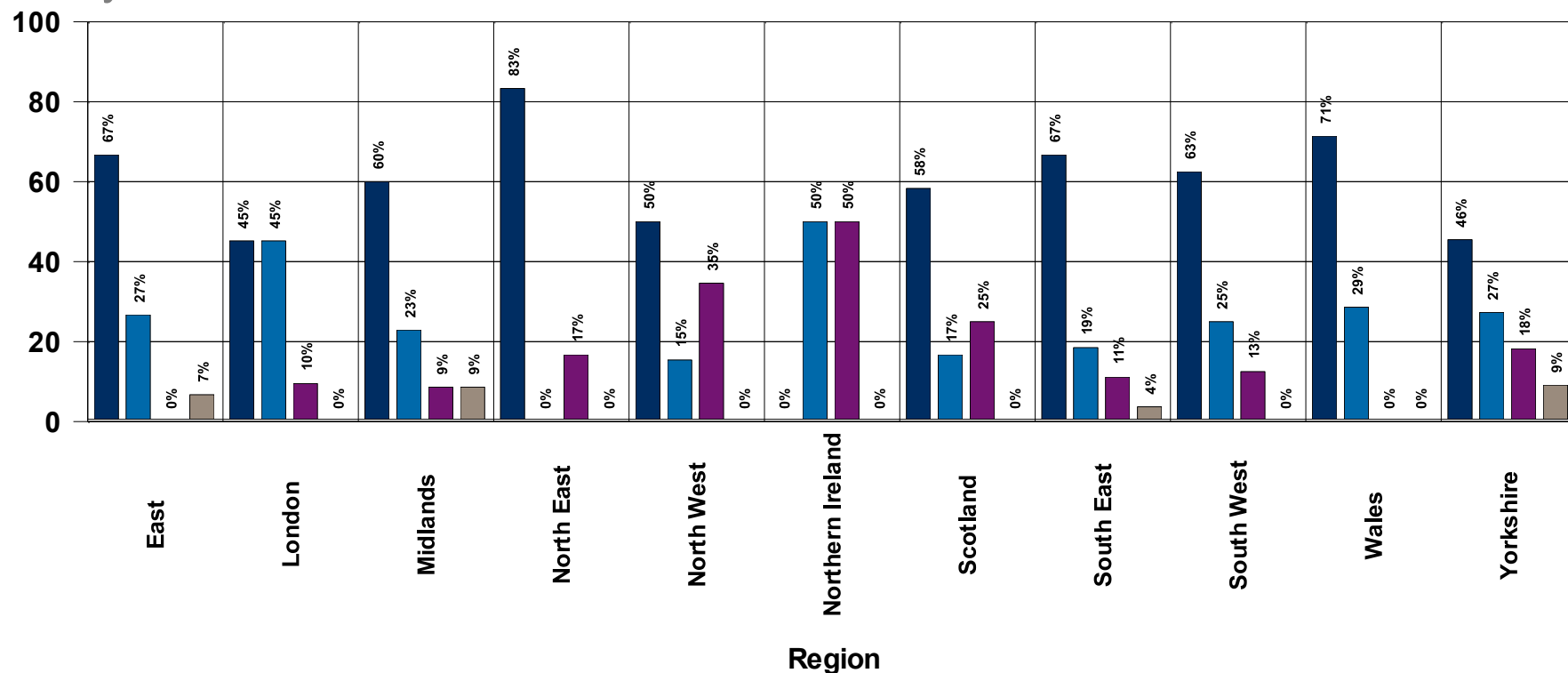
How much stress do you think your job gives you compared to others in your social circle?



- There are others who have the same level of stress, but no one with more
- I am the most stressed person in my social circle
- I feel less stress than most of them
- I am the least stressed person in my social circle

## Question Three Cross Tabulation With Region

How much stress do you think your job gives you compared to others in your social circle?



There are others who have the same level of stress, but no one with more

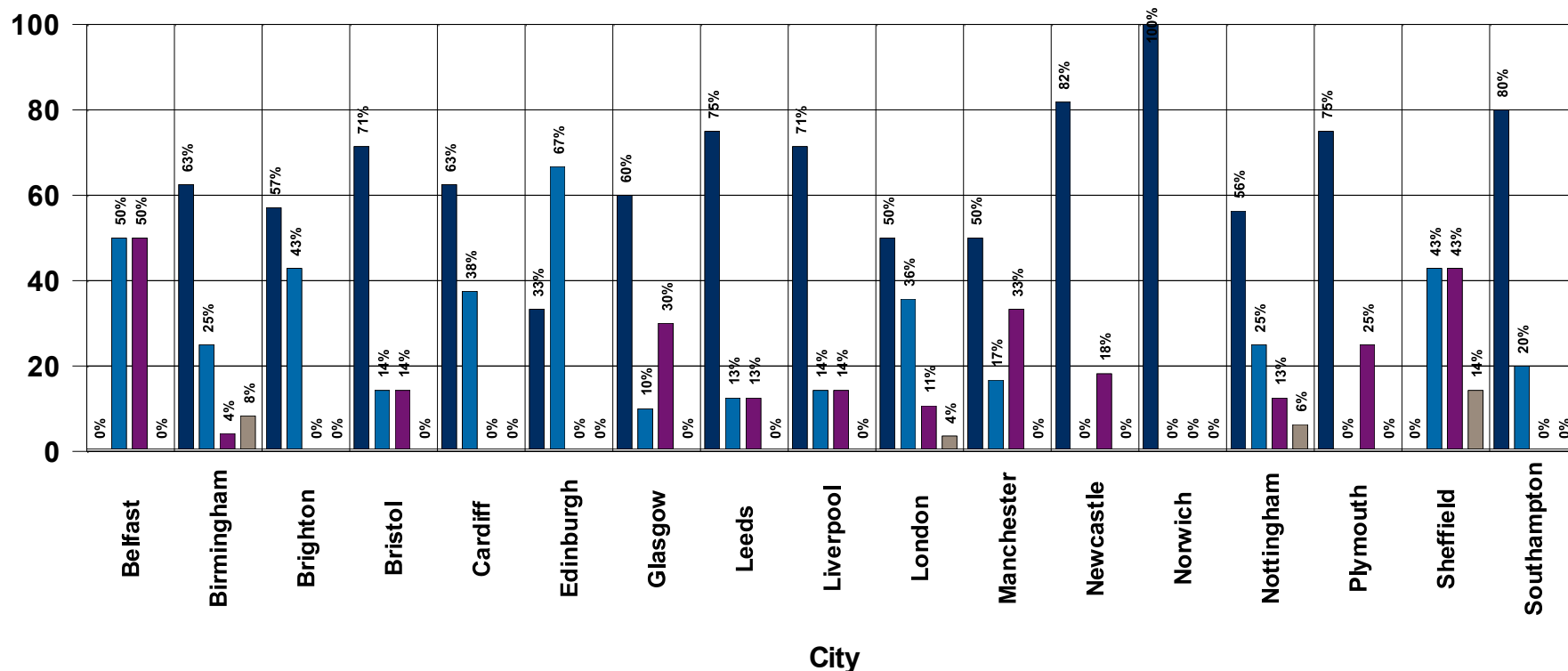
I am the most stressed person in my social circle

I feel less stress than most of them

I am the least stressed person in my social circle

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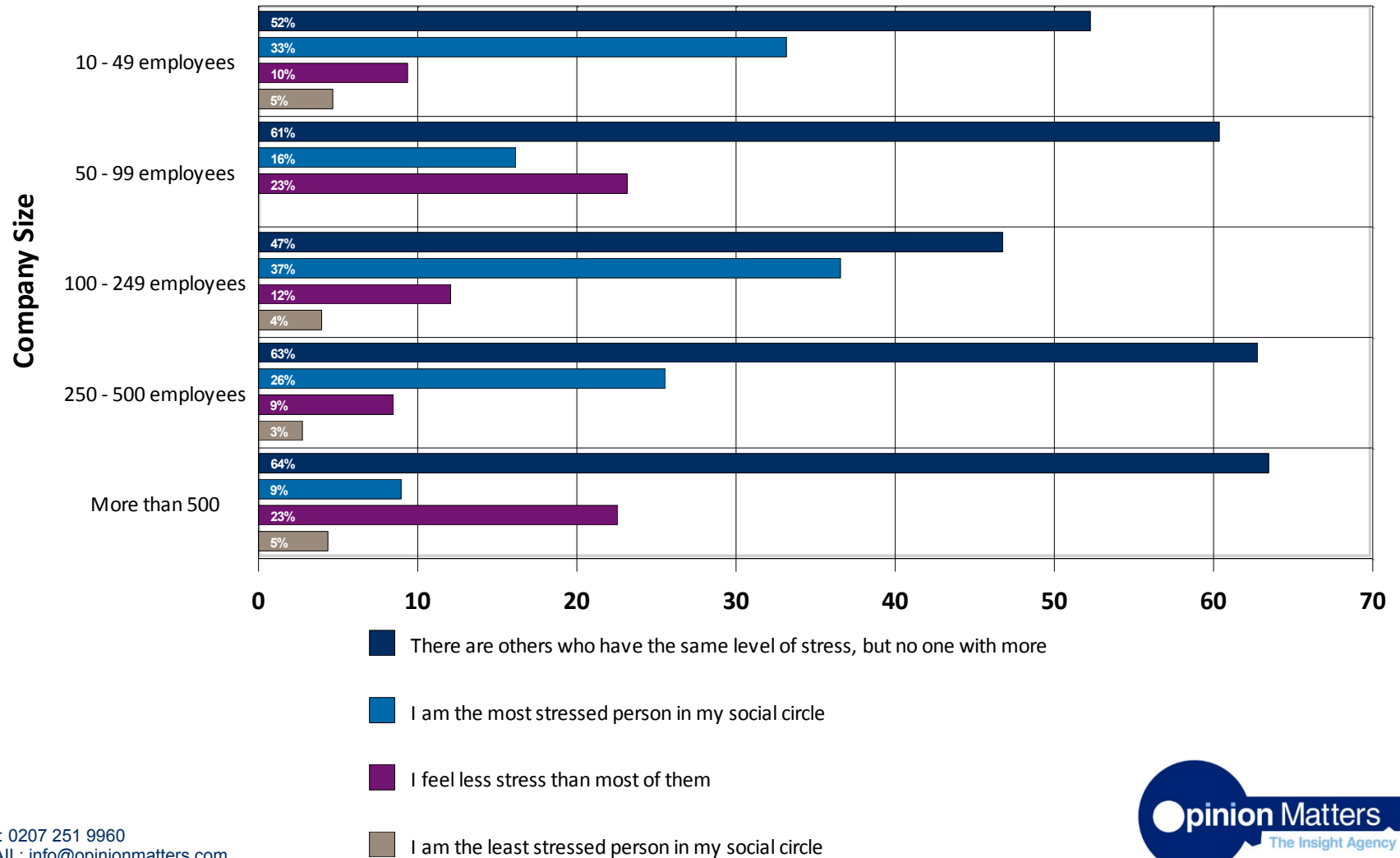
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I feel less stress than most of them

I am the least stressed person in my social circle

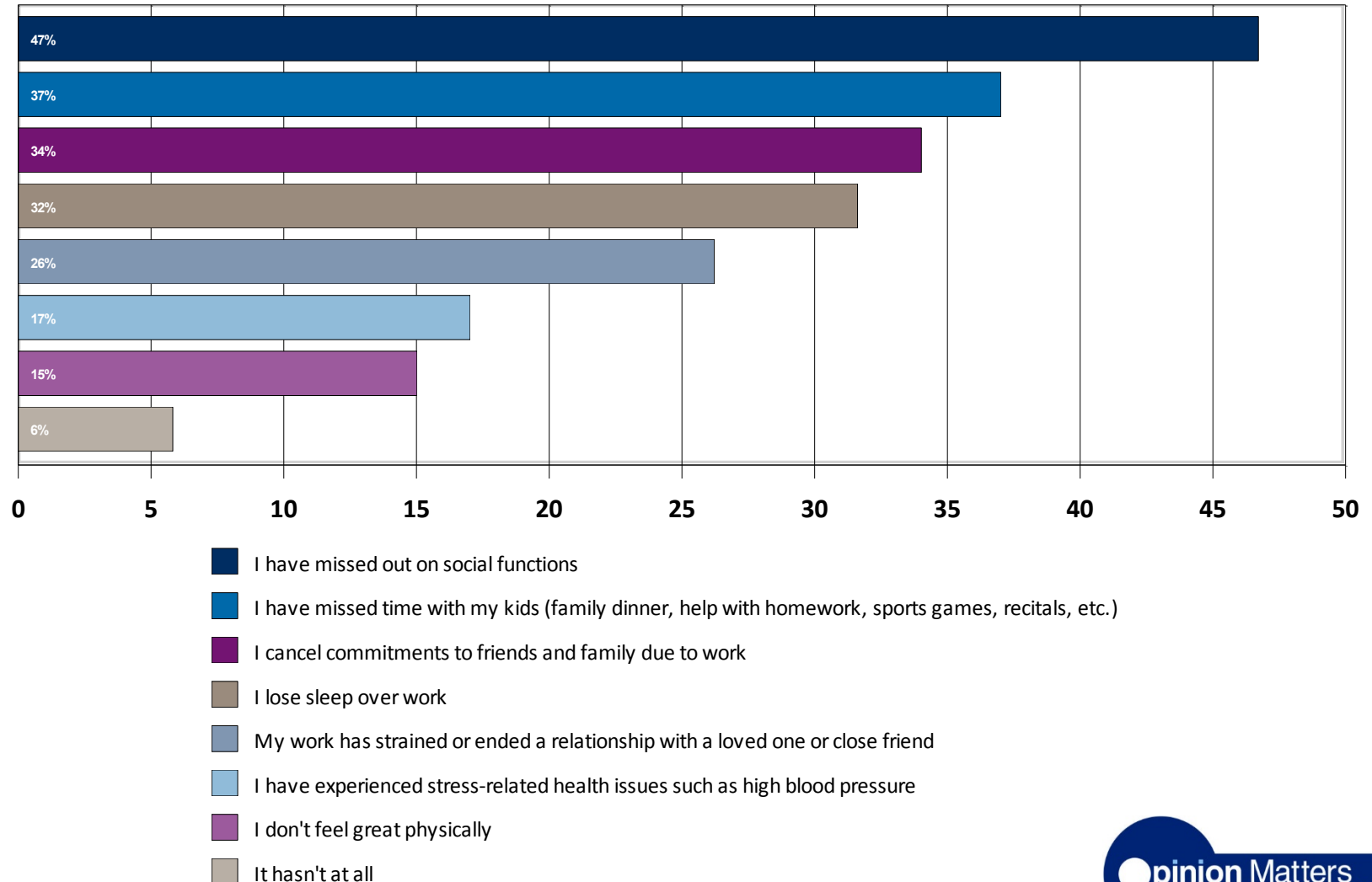
## Question Three Cross Tabulation With Company Size

How much stress do you think your job gives you compared to others in your social circle?



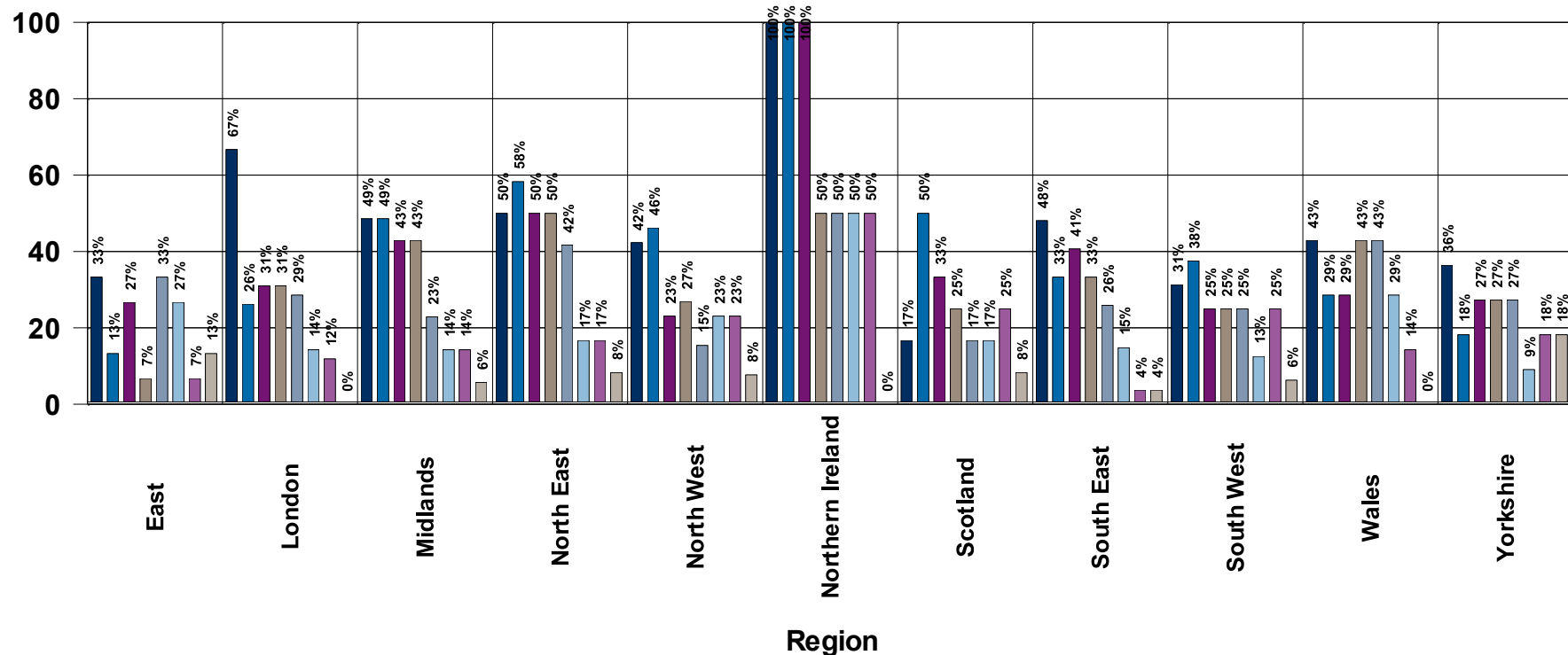
## Question Four

How has your job impacted your personal life?



# Question Four Cross Tabulation With Region

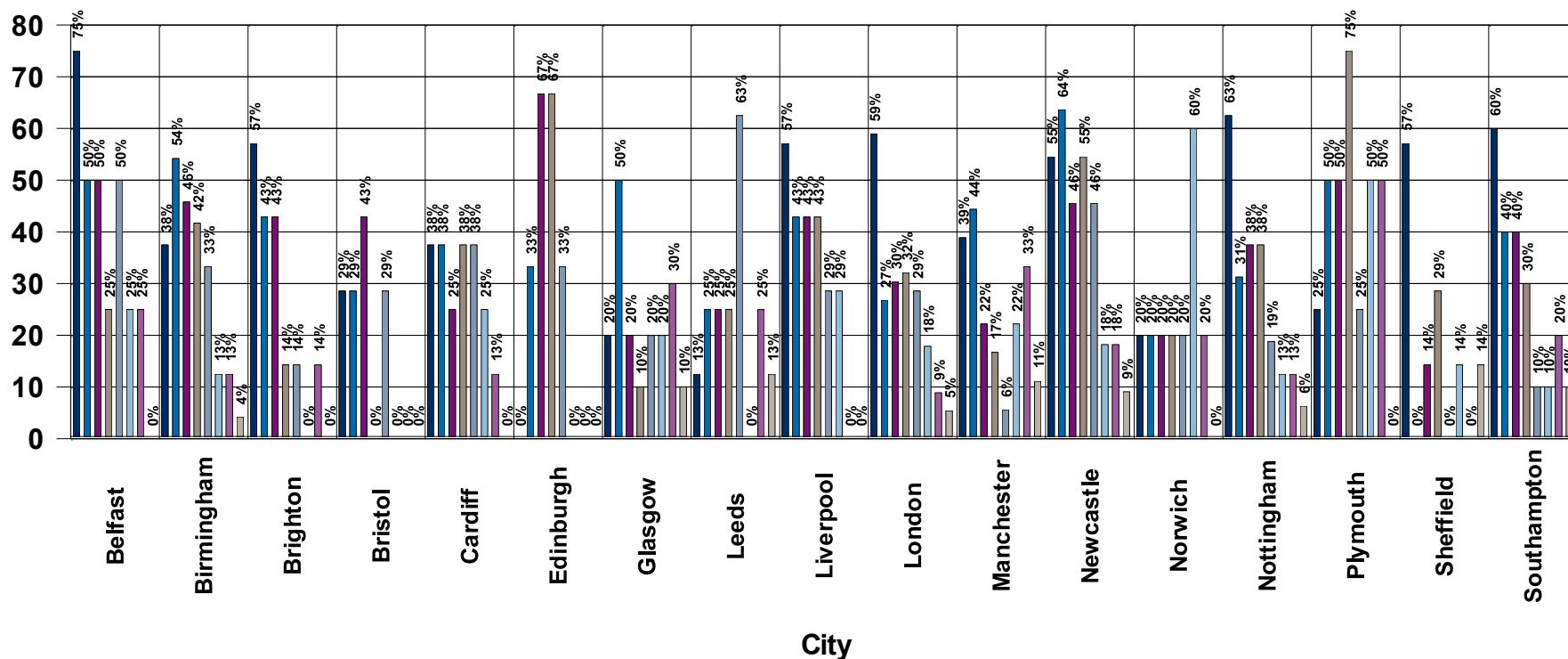
## How has your job impacted your personal life?



- I have missed out on social functions
- I have missed time with my kids (family dinner, help with homework, sports games, recitals, etc.)
- I cancel commitments to friends and family due to work
- I lose sleep over work
- My work has strained or ended a relationship with a loved one or close friend
- I have experienced stress-related health issues such as high blood pressure
- I don't feel great physically
- It hasn't at all

# Question Four Cross Tabulation With City

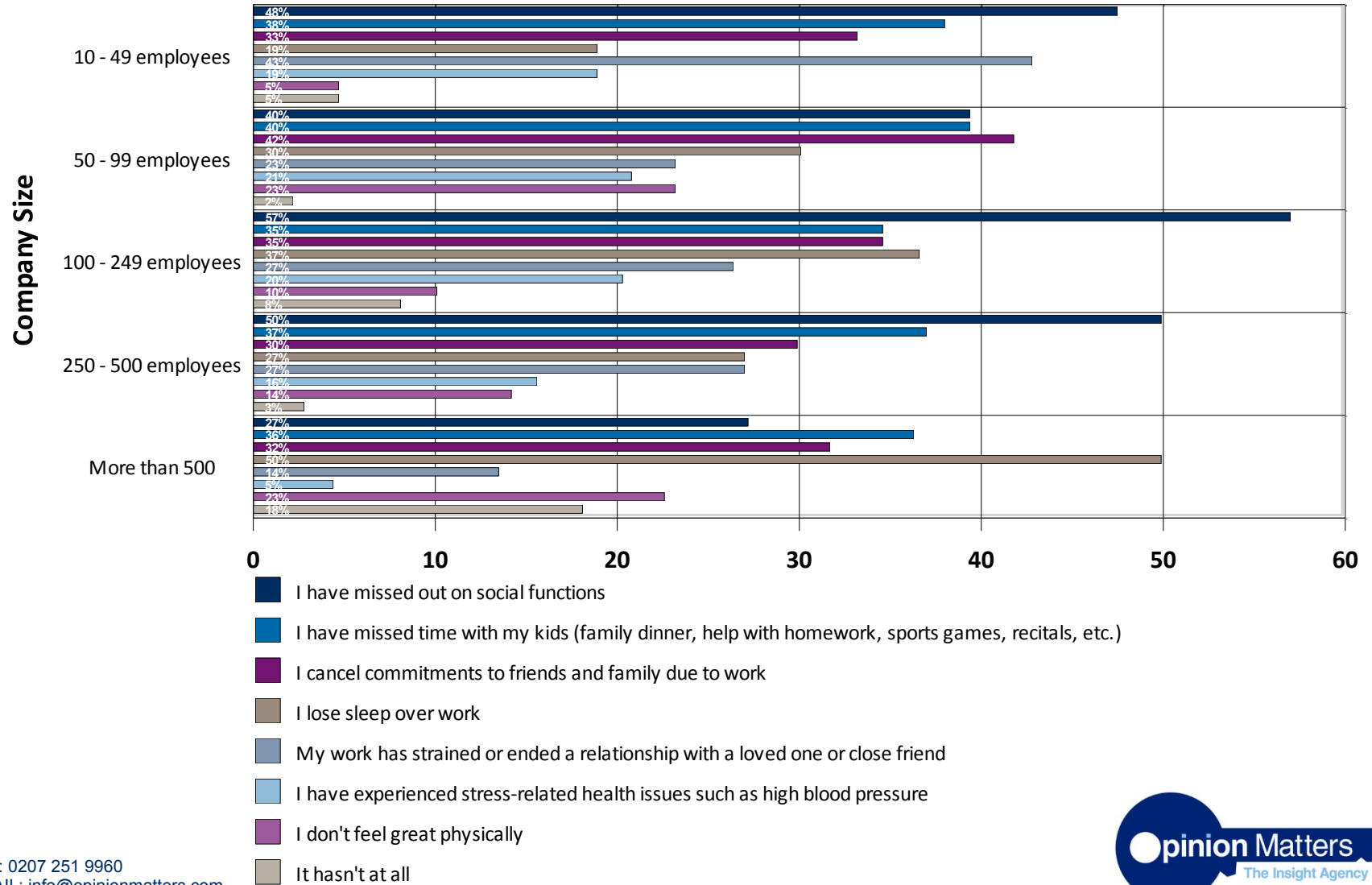
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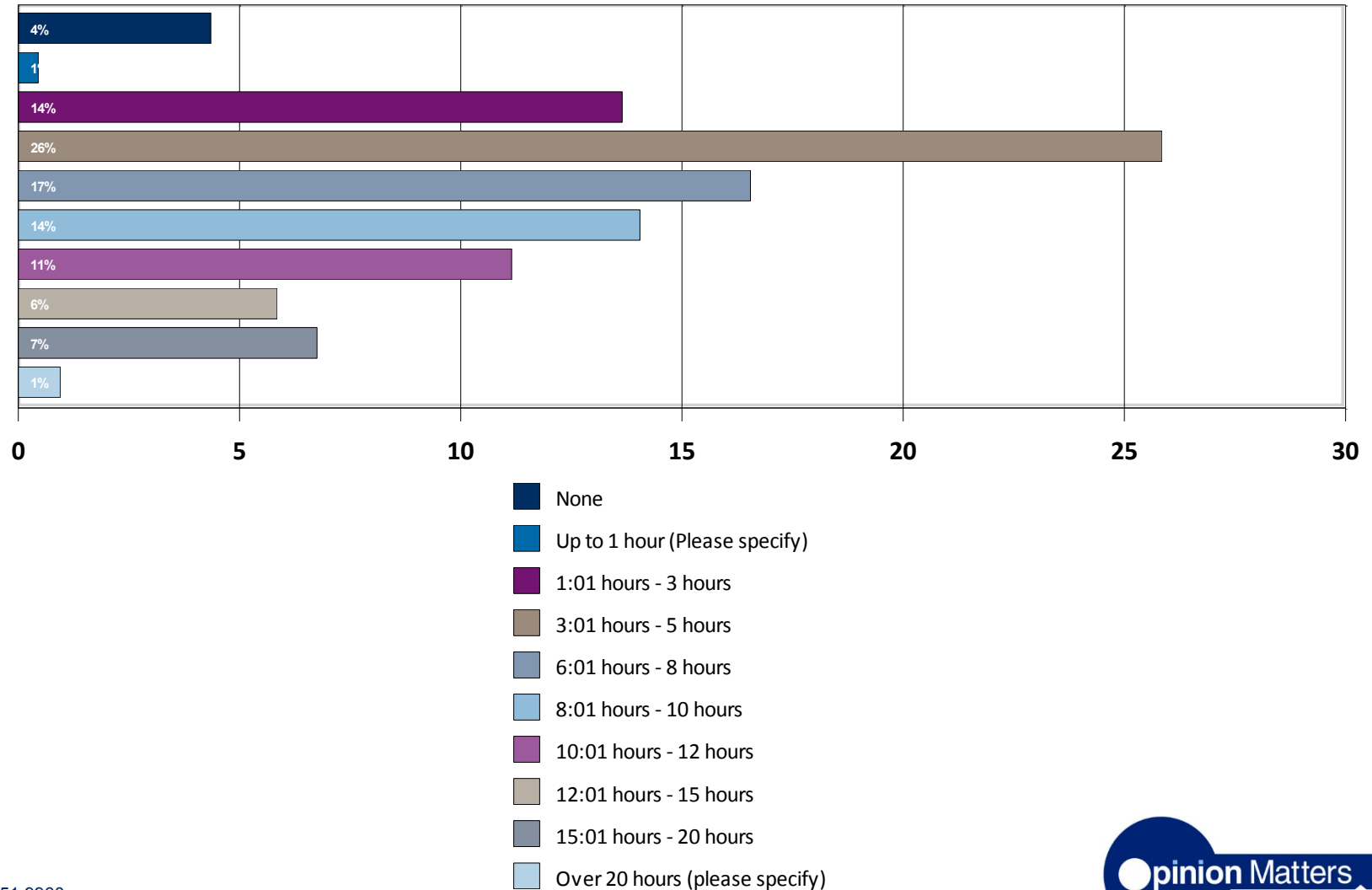
# Question Four Cross Tabulation With Company Size

How has your job impacted your personal life?



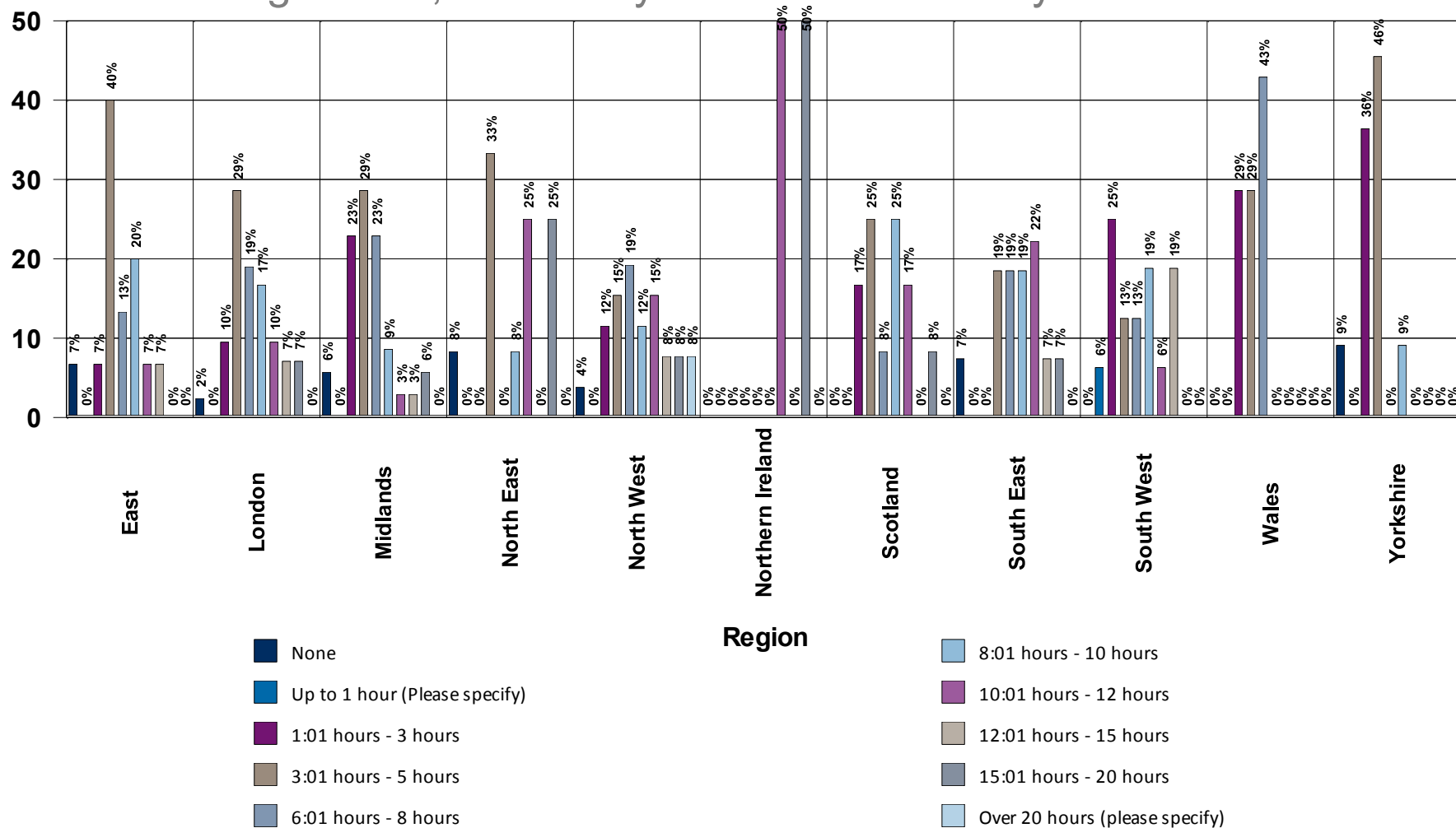
## Question Five

In an average week, how many hours overtime do you work?



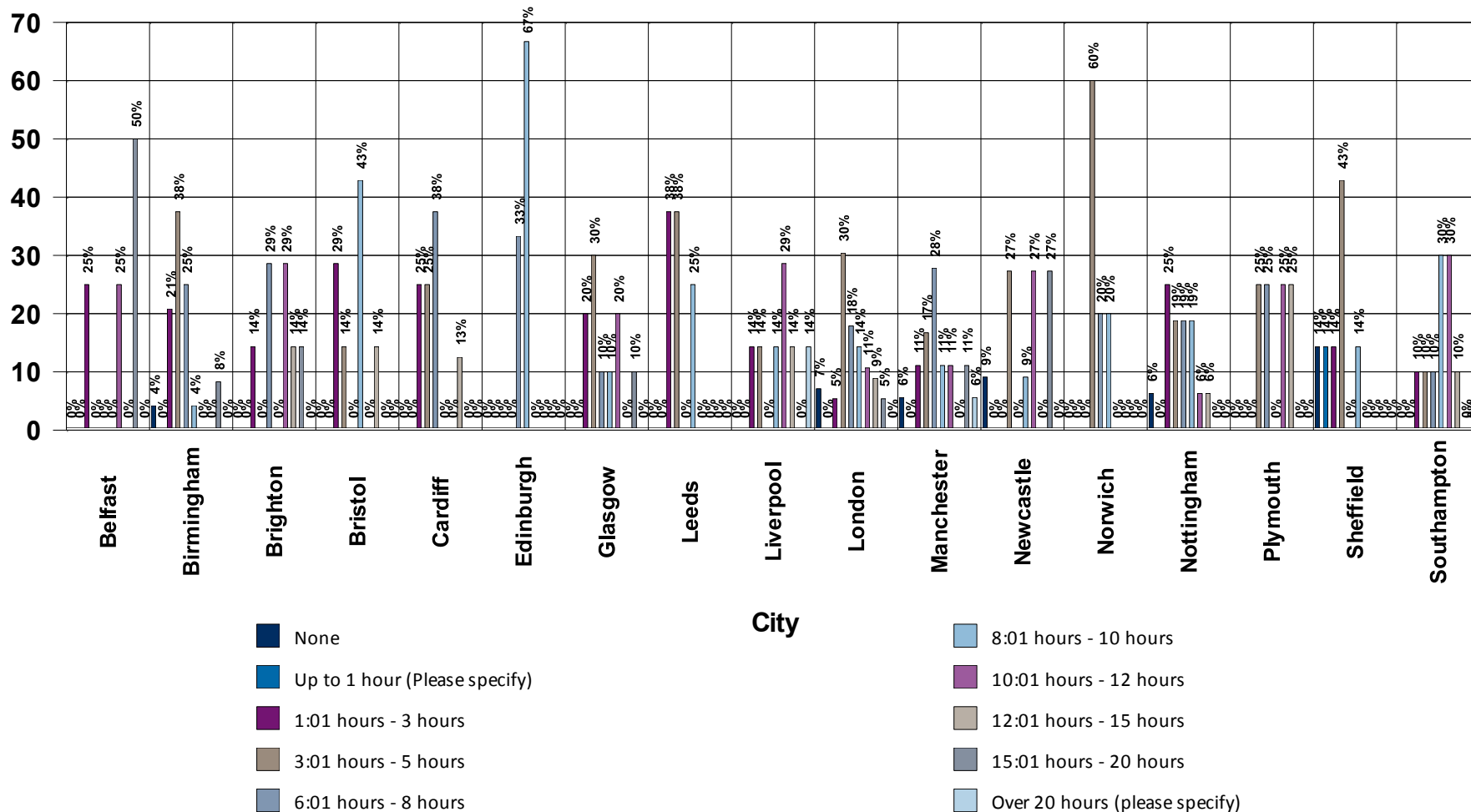
# Question Five Cross Tabulation With Region

In an average week, how many hours overtime do you work?



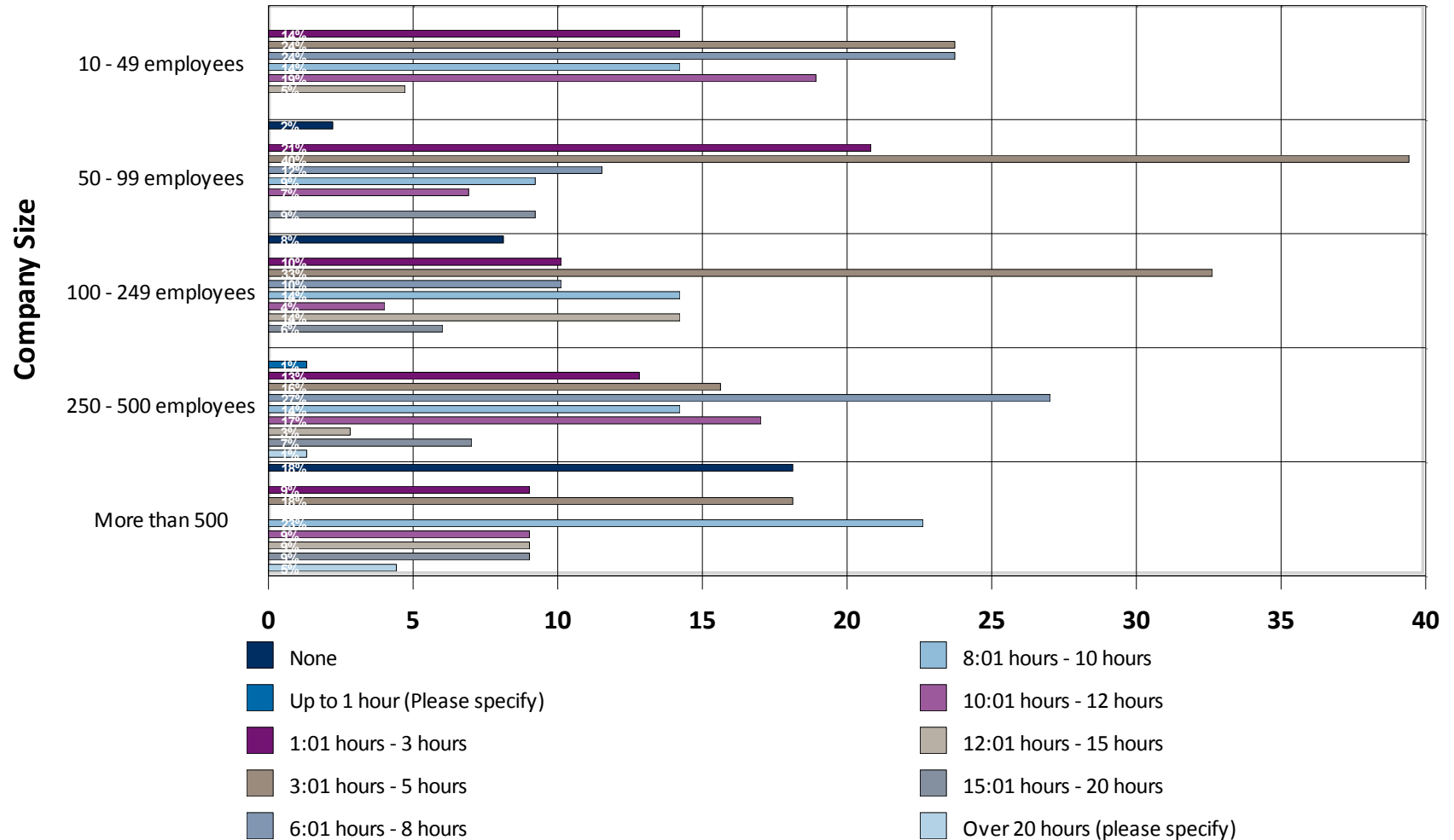
# Question Five Cross Tabulation With City

In an average week, how many hours overtime do you work?



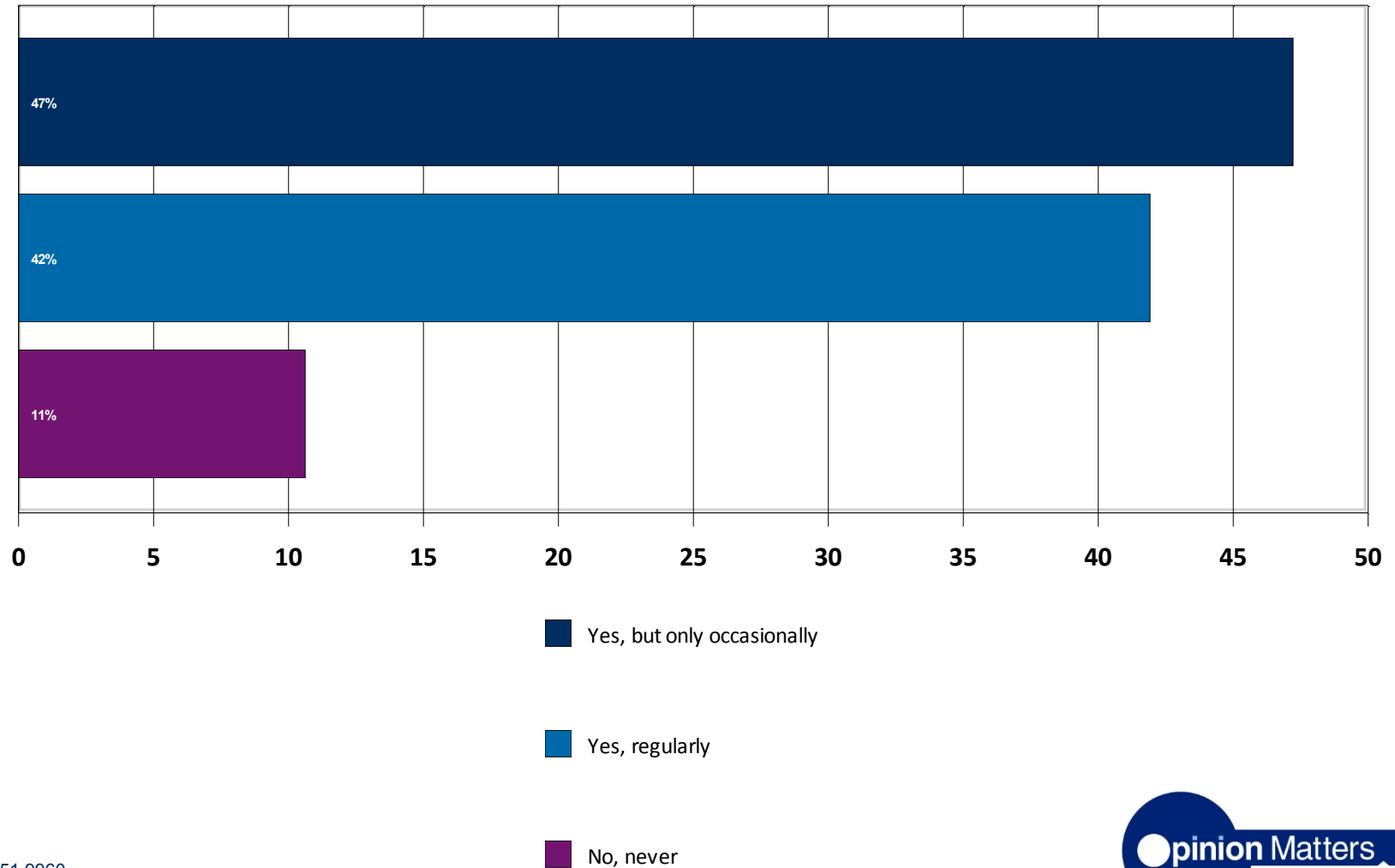
# Question Five Cross Tabulation With Company Size

In an average week, how many hours overtime do you work?



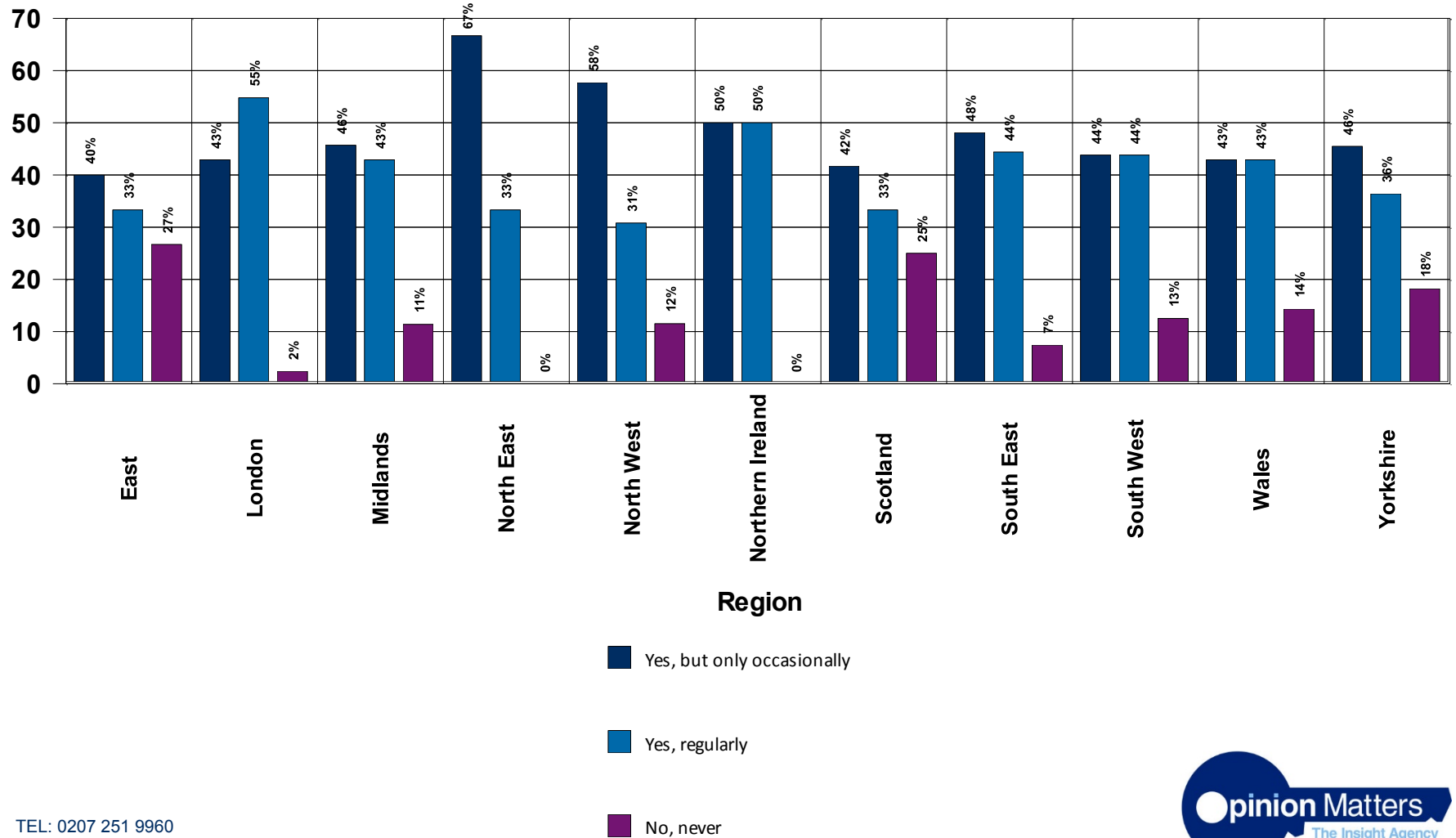
## Question Six

Have you ever considered switching careers because of on-the-job stress?



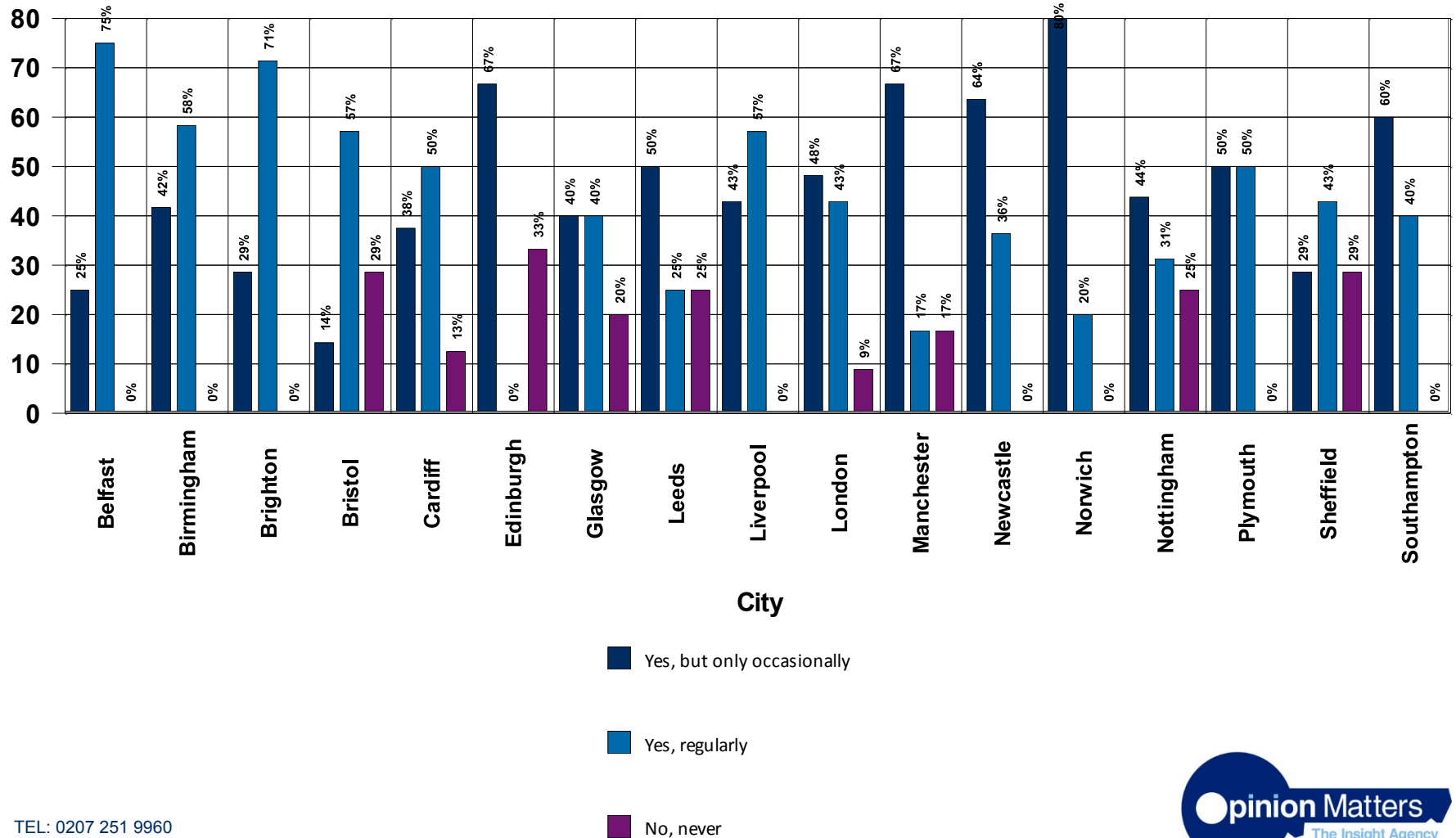
## Question Six Cross Tabulation With Region

Have you ever considered switching careers because of on-the-job stress?



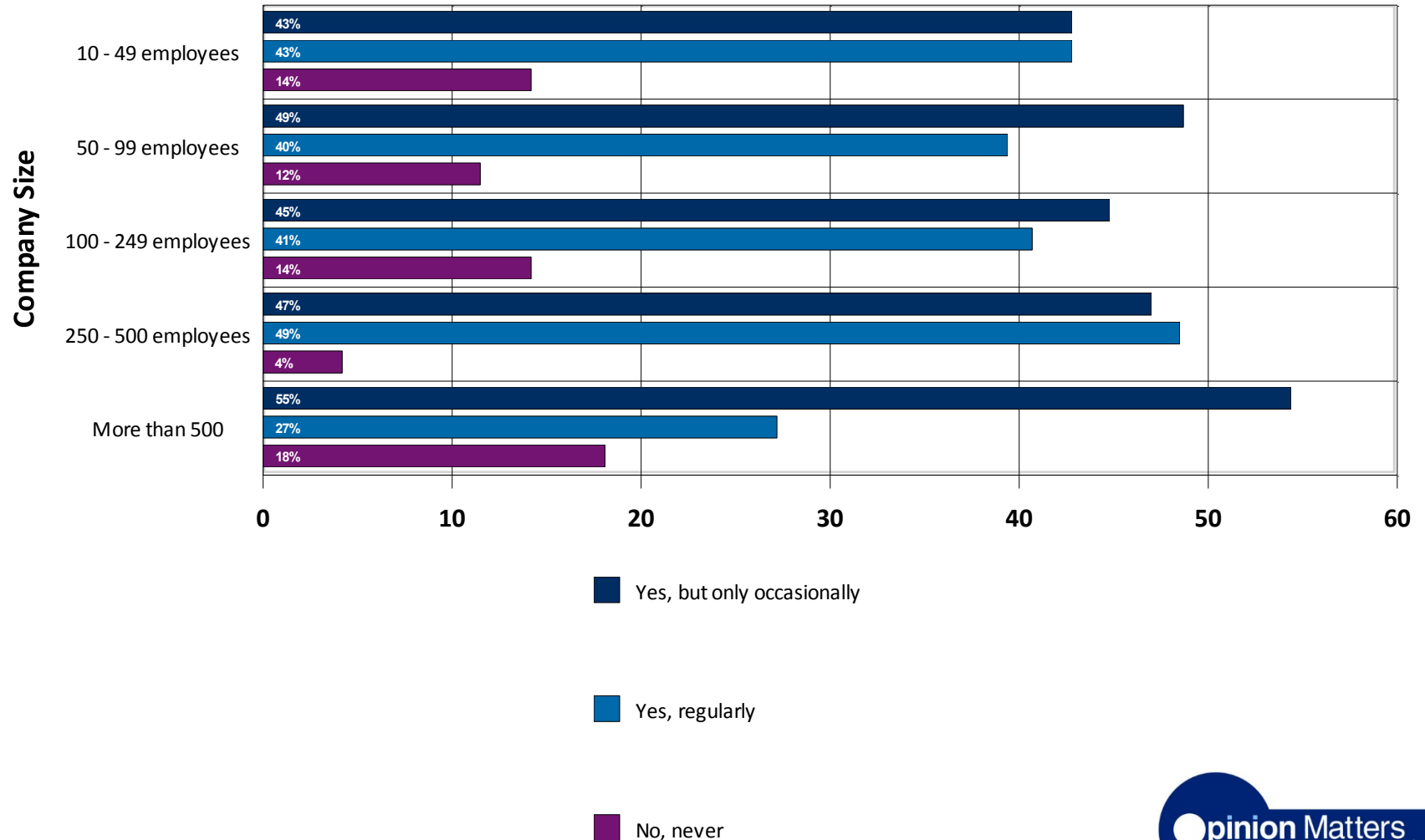
## Question Six Cross Tabulation With City

Have you ever considered switching careers because of on-the-job stress?



## Question Six Cross Tabulation With Company Size

Have you ever considered switching careers because of on-the-job stress?



## Question Seven

What is the most ridiculous thing you've seen an end user do?

*Open Response Question; please see spreadsheet*